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Research Article

Correlation of Malondialdehyde (MDA) and C-reactive Protein (CRP) Level to Neurodevelopmental Outcome in Children After the Episode of Convulsive Type Status Epilepticus

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ABSTRACT

Refractory and mortality associated with status epilepticus (SE) were correlated with the degree of inflammation-induced neuronal cell death. This study was aimed to investigate the correlation of oxidative stress (Malondialdehyde, MDA) and inflammation (C-reactive protein, CRP) process with neurodevelopmental outcome in children after the episode of convulsive type SE. This study was designed as cross sectional which included 26 convulsive type SE subjects and 15 control subjects. MDA level was measured by thiobarbituric acid (TBA) method, while CRP level was measured by ELISA method. Neurodevelopmental outcome was measured by Bayley-III Scale of Infant and Toddler Development 3 month after the convulsive type SE episode. Results showed that both MDA (independent t-test, p < 0.05) and CRP (Mann-Whitney test, p < 0.05) level was significantly higher in convulsive type SE group as compared to control group. Further analysis also showed that MDA (Spearman correlation test, p = 0.000, r = 0.756) and CRP (Spearman correlation test, p = 0.000, r = 0.835) level was positively correlated with convulsive type SE. In convulsive type SE group, MDA level was negatively correlated with neurodevelopmental outcome but CRP was not. We concluded that MDA level was negatively correlated with neurodevelopmental outcome in children with convulsive type SE, but CRP was not.

Keywords: C-reactive protein, malondialdehyde, neurodevelopmental outcome, status epilepticus

Introduction

Status epilepticus (SE) is defined as prolonged seizure which occurred for 20-30 minutes or repeated seizure in which patients is unconscious between two episodes of seizures [1, 2]. Convulsive SE is a generalized SE with tonic-clonic, tonic, clonic, and myoclonic movement. The incidence of SE in children aged 1-19 years old was approximately 10 - 58 cases/100.000/ year [1, 2]. In children below 1 year old, the incidence of SE was higher (135.2 – 156 cases/100.000/ year [1, 2].

As reported before, repeated seizure could lead to neurodevelopmental impairment such as cognitive dysfunction and behavior and emotional disturbances [3,4]. Similarly, children with refractory SE could lead to the visual and motoric deficit after the onset of SE [5]. A retrospective study showed that several neurological abnormalities were found in children after the episode of SE such as impairment of speech, coordination and behavior, hemiplegia, and epilepsy [6]. Many factors were considered to triggered neurodevelopmental outcome in SE such as aged less than 12 years old and focal onset seizure [7].

In a seizure, the inflammatory condition could lead to the formation of reactive oxygen species (ROS) and lipid peroxidation which in turn lead to neuronal apoptosis and necrosis [8]. Malondialde-

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hyde (MDA) as the end product of lipid peroxidation could cause DNA damage and sequentially activate neuronal apoptotic pathway [9, 10]. MDA binds and cross-reacts with various biological macromolecules such as protein and nucleid acid and altered its functionality then impaired neurodevelopmental process [11].

C-reactive protein (CRP) is acute phase protein that secreted by hepatic tissue and widely used as inflammation or infection marker [12]. In SE, CRP could be used as a predictor for refractory and prognostic marker. CRP was elevated in pilocarpine-induced SE rat model [13]. Furthermore, CRP also elevated in patient with refractory SE and its level was correlated with mortality [14].

This study was aimed to investigate the correlation of MDA and CRP level with neurodevelopmental outcome after the episode of convulsive type SE in children.

Material and Methods

Study design

This study was designed as a cross sectional to evaluate the neurodevelopmental outcome of children aged 1 – 42 months old after convulsive type SE episode (3 months follow up period). Furthermore, this study was aimed to correlate the MDA and CRP level in the first day of convulsive type seizure episode with neurodevelopmental outcome. This study was conducted at Pediatric Ward, Emergency Room, and pediatric outpatient care of Saiful Anwar Hospital, Malang, Indonesia; Physiology Laboratory of Medical Faculty of Brawijaya University. All of the procedure had been approved by Ethical Committee of Research Saiful Anwar Hospital issued by Ethical Clearance number 400/18/K.3/302/2016.

Subject and population

Inclusion criteria for the sample are as follows: aged 1 – 42 months with convulsive type SE, normal developmental status before convulsive type SE episode, and allowed by his/her parents to join this study. Inclusion criteria for control are as follows: a pediatric patient who attended pediatric outpatient care without seizure, normal developmental status and allowed by his/her parents to join this study (represented by signed informed consent form). Exclusion for sample and control are as follows: children with major congenital diseases, history of trauma or intracranial procedure which associated with impaired developmental status, and severe sepsis. Drop out criteria for all subjects are as follows: lysis of blood sampling, died or underwent the intracranial procedure during the study, intracranial structural abnormality after the episode of convulsive type SE, and didn't come at follow up period.

Sample size calculation

The formula to calculate the sample size for this study was:

$$N = \frac{Z^2 S D^2}{d^2}$$

Note:

- Z = standard normal variate (at 5% type 1 error (p < 0.05) it is 1.96)
- SD = standard deviation of variable.

d = absolute error or precision

Based on pilot study, SD of CRP level was 0.25 and the d value was 15%, so the sample size derived from the formula was 10.67. Hence, 15 subjects were recruited in this study.

Blood sampling

Subjects who met inclusion criteria was undergone to take his/her blood at the first day of convulsive type SE episode. Venous blood sample was transferred to the laboratory using tube until it coagulated (2 hours at room temperature, overnight at 4°C). After this, the sample was centrifuged for 20 minutes at 1000 rpm. Plasma which separated after centrifugation process was immediately examined for MDA and CRP measurement or stored at -40°C or -80°C.

Measurements of MDA

Thiobarbituric acid (TBA) was made by mixing of 0.67 g TBA in 100 mL aquabidest, then added by 0.5 gsodium hydroxide and 100 mL glacial acetic acid. Serial standard solution and stock solution (MDA 125 uL in 100 mL aquabidest) were prepared. As many 100 uL plasma sample and standard were transferred into each tube. Each tube was added with 0.9 mL aquabidest and 0.5 mL reagent TBA. A mixture of sample/ standard together with TBA reagent was heated using water bath at 95°C for 1 hour. After this process, each tube was centrifuged at 7,000 rpm for 10 minutes. Supernatant was taken from each tube and analyzed for its absorbance value using spectrophotometer (wavelength 532 nm).

Measurement of CRP

CRP level was examined by ELISA method. ELISA procedure was performed as instructed by manufacturer (Human C-Reactive Protein Quantikine ELISA Kit, RnD systems, catalogue number DCRP00). Briefly, plasma sample which had been obtained from the previous procedure was thawed at room temperature. All ELISA reagents include standard solution, assay diluent A and B, detection reagent A and B, washing solution, and TMB substrate were prepared. 100 uL assay diluent RD1F was added into each well. 50 uL standard, control, or sample were added to each well and closed with an adhesive strip, then incubated for 2 hours at 37°C. After incubation process, each well was aspirated and added to 400 uL washing solution. This washing process was repeated for 3 times. After washing process, 200 uL CRP conjugate was added to each well, closed with an adhesive strip, and then incubated for 2 hours at room temperature. Washing process was repeated as described before. 200 uL substrate solution was added to each well then incubated for 30 minutes at room temperature in the dark room. 50 uL stop solution was added to each well. Microplate then analyzed for its absorbance value using ELISA reader at wavelength 450 nm after 30 minutes. CRP level was determined by plotting each sample's absorbance value into a standard curve.

Assessment of neurodevelopmental outcome

Basically, the neurodevelopmental outcome was measured by Bayley-III Scale of Infant and Toddler Development. This scale was divided into 3 main scores: motoric, language, and cognitive score [16, 17].

Statistical analysis

First, data of MDA, CRP level and neurodevelopmental were analyzed for their distribution and homogeneity. In order to analyze the differences of MDA, CRP level and neurodevelopmental outcome between groups, independent t-test (Mann-Whitney test as an alternative) was performed. Correlation of status epilepticus and MDA and CRP level, status epilepticus and neuro developmental outcome; CRP and MDA level and neurodevelopmental outcome were analyzed using Pearson correlation test (Spearman correlation test as an alternative). All the statistical analyses were performed using software SPSS version 23.0.

Results and Discussion *Baseline characteristics*

This study was included children with convulsive type status epilepticus which hospitalized in Saiful Anwar General Hospital Malang. As many as 41 subjects were included in this study which divided into 26 subjects as convulsive type status epilepticus group and 15 subjects in the control group. Baseline characteristics of convulsive type status epilepticus group were shown in Table 1.

This study observed neurodevelopmental outcome (cognitive, language, and motoric based on Bayley III) in children diagnosed with convulsive type status epilepticus 3 months after convulsive type seizure episode. Of 40 subjects with convulsive type status epilepticus, only 26 subjects were

Table 1.Characteristics of subjects

| Characteristics | Number (n) |
|--|------------|
| Sex | |
| - Male | 15 |
| - Female | 11 |
| Age (months) | |
| - 0 - 6 | 5 |
| - 7 - 12 | 6 |
| - 13 - 24 | 10 |
| ->24 | 5 |
| Nutritional Status | |
| - Over-Nutrition | 1 |
| - Good | 9 |
| - Undernutrition | 13 |
| - Malnourished | 3 |
| Mother's Educational Background | |
| - Senior High School and above level | 17 |
| - Junior High School and below level | 9 |
| Hemoglobin Level (g/dL) | |
| - < 11.0 | 13 |
| ->11.0 | 13 |
| Leukocyte Count (cells/mm ³) | |
| - < 10,000 | 10 |
| - 10,000 - 15,000 | 5 |
| - > 15,000 | 11 |

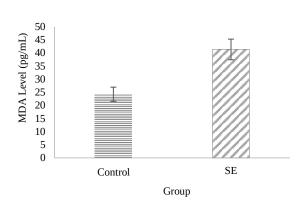


Figure 1. Mean of MDA level (pg/mL) in control and convulsive type SE group

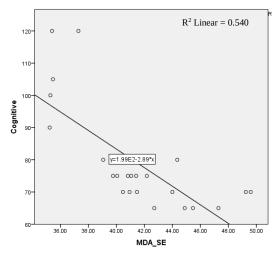


Figure 2. Correlation graph of MDA level and cognitive composite in convulsive type SE group

analyzed. As many as 14 subjects were dropped out caused by died (4 subjects), underwent an intracranial procedure or severe disease (5 subjects), and did not come at follow-up period (5 subjects). Characteristic of subjects in convulsive type status epilepticus group showed that male was more than the female subject (15 of 26 subjects). The most age interval was 13 – 24 months old in convulsive type SE group. Interestingly, nutritional status of subjects in convulsive type SE group was mainly undernutrition and malnourished, indicating that poor nutrition status increases the vulnerability to severe infection. Educational background of the mother seems did not contribute to the development of status epilepticus. However, this aspect needs further investigation.

Hemoglobin level might do not significantly increase the risk of convulsive type status epilepticus. However, it needs further research about the role of hemoglobin level in the progression of disease. Leukocyte count in convulsive type status epilepticus group showed that almost patient had leukocyte count above 10,000 cells/mm³ and 5 among those group had leukocyte count above 15,000 cells/mm³, suggesting that severe inflammation such as complex febrile seizure or meningoencephalitis could be associated with status epilepticus. Normal leukocyte condition which could contribute to triggering status epilepticus such as uncontrolled epilepsy (poor patient's obedience to take drug) and electrolyte imbalance (severe vomiting and diarrhea).

MDA level

Result showed that MDA level in convulsive type SE group ($41.35 \pm 3.93 \text{ pg/mL}$) was significantly higher as compared to control group (24.28 \pm 2.69 pg/mL) (independent t-test, p < 0.05). The mean of MDA level in both convulsive type SE and control group was shown in Figure 1. Furthermore, Spearman correlation test showed that convulsive type status epilepticus was positively corelated with MDA level (p = 0.000, r = 0.756). Malondialdehyde is a marker for lipid peroxidation and known as the most mutagenic lipid peroxidation end product. Oxidative stress which leads to reactive oxygen species (ROS) formation was associated with the pathological finding in acute seizure, status epilepticus, and epilepsy. Evidence showed that ROS was elevated in in vivo model of epilepsy marked by reduced glutathione level [17, 18]. Reactive oxygen species could impair cell integrity mediated by MDA formation [19].

An experimental study using rat SE model (pilocarpine-induced) demonstrated that MDA level was elevated in prolonged seizure group as compared to repeated group [20]. Further analysis showed that neuronal cell death and single strand DNA was elevated in prolonged seizure group as compared to repeated seizure [20].

Similarly, other experimental study using pilocarpine-induced rat SE model also showed that hippocampal oxidative stress marked by lipid peroxidation and nitrite content was elevated in SE group as compared to control group [21]. Using the same model, Junior and colleagues also demonstrated that lipid peroxidation in striatum area (47%) and frontal cortex (59%) were elevated [22]. Previous studies suggested that oxidative stress which triggered lipid peroxidation might

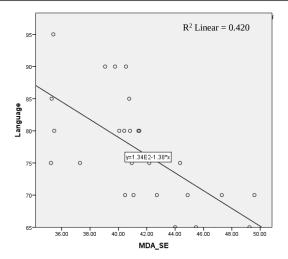


Figure 3. Correlation graph of MDA level and language composite in convulsive type SE group

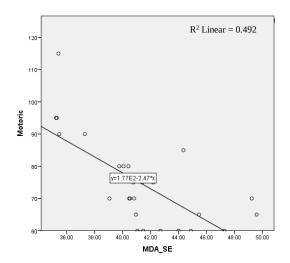
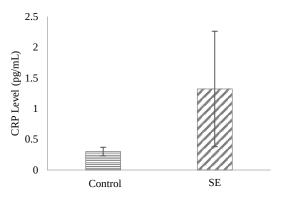


Figure 4. Correlation graph of MDA level and motoric composite in convulsive type SE group



Group

Figure 5. Mean of CRP level (pg/mL) in control and convulsive type SE group

have crucial role in SE.

Correlation of MDA level and neurodevelopmental outcome

Correlation study of MDA level and neurodevelopmental outcome demonstrated that MDA level was negatively correlated with cognitive composite (Spearman correlation test, p = 0.000, r = -0.800). Similarly, MDA level was negatively correlated with language composite (Pearson correlation test, p = 0.000, r = -0.648). Further analysis also showed that MDA level was negatively correlated with motoric composite (Spearman correlation test, p = 0.000, r = -0.732). Overall, correlation study confirmed that MDA level was negatively correlated with neurodevelopmental outcome in convulsive type status epilepticus children based on cognitive, language, and motoric aspect. Correlation graph of MDA level and cognitive composite, language composite, and motoric composite was shown in Figure 2, Figure 3, and Figure 4, respectively. These results suggested that MDA has an important role in the occurrence of neuron hyper-excitability and inflammation-induced neuronal injury which lead to refractory seizure and post-seizure neurodevelopmental dysfunction.

Several studies had been conducted to investigate neurodevelopmental outcome in SE. Saz and colleagues reported that children with refractory SE might experience visual and motoric deficit after the onset of seizure [23]. Another observational study also reported that 18% children with SE experience neurological sequelae at the day they discharged from hospital and further analysis showed that hypoglycemia, aged less than 12 years old, and focal onset seizure increase those Sequleae's occurrence [7]. The retrospective study also demonstrated that 9 children with SE experience impairment of speech, coordination and behavior, hemiplegia, and epilepsy development after the onset of the seizure [6]. Repeated seizure post encephalitis also insignificantly increases the risk of epilepsy (OR 2.4) [24].

MDA could bind and cross-react with various macromolecules such as protein and nucleic acid which played an important role in neuronal development [11]. *In vivo* study also showed that MDA could cause an imbalance of glutamate and GABA (gamma amino butyric acid) activity and induce neuronal apoptotic pathway [9].

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Oxidative stress was not only involved MDA, but also other ROS which formed at hypermetabolic state (seizure) and mediated by activation of NADPH oxidase and xanthine oxidase [25]. Oxidative stress considered as an important factor for the development of brain pathological condition in seizure (acute seizure, status epilepticus, and epilepsy) [26]. Oxidative stress had a contribution to the development of neuronal cell death [18], and several studies showed that MDA increases the risk of chronic epilepsy development [19,27]. The source of cellular oxygen free radical were mitochondria [28], NADPH activation [29], xanthine oxidase action [30] and those free radicals involved in the development of pathological condition such as epilepsy and stroke.

CRP level

Result showed that CRP level in convulsive type SE group (1.32 \pm 0.94 pg/mL) was significantly higher as compared to control group (0.3 \pm 0.07 pg/mL) (Mann-Whitney test, p < 0.05). The mean of CRP level in both convulsive type SE and control group was shown in Figure 5. Furthermore, Spearman correlation test showed that convulsive type status epilepticus was positively correlated with CRP level (p = 0.000, r = 0.835).

Correlation of CRP level and neurodevelopmental outcome

Correlation study of CRP level and neurodevelopmental outcome demonstrated that CRP level was insignificantly correlated with cognitive composite (Spearman correlation test, p = 0.640, r = -0.096). Similarly, CRP level was insignificantly correlated with language composite (Spearman correlation test, p = 0.549, r = -0.123). Further analysis also showed that CRP level was insignificantly correlated with motoric composite (Spearman correlation test, p = 0.944, r = 0.015). Overall, correlation study confirmed that CRP level was insignificantly correlated with neurodevelopmental outcome in convulsive type status epilepticus children based on cognitive, language and motoric aspect.

C-reactive protein is acute phase protein which secreted by hepatic tissue as a response to inflammation include meningoencephalitis. CRP level was also increased in epilepsy and this fact suggested that systemic inflammation was associated with general seizure in epilepsy [31, 32]. In SE, CRP was used a predictor for refractory SE and predictor for prognostic SE patient. Observational study included 160 patients from ICU demonstrated that CRP and procalcitonin could be used as a predictor for infection in SE patient (sensitivity 83% and 94%, respectively; negative predictive value increase for 3 days for 97%) [14]. CRP also used as an outcome predictor in SE patient. Cohort study revealed that elevated CRP level was associated with refractory SE and mortality [32].

Consistent with the previous study, an experimental study using pilocarpine-induced model also showed that CRP was increased in SE group as compared to control [13]. Retrospective cohort study further showed that the outcome of children with SE was associated with age < 24 months, seizure duration > 90 minutes, abnormal blood glucose level (< 61 or > 250 mg/dL), AST level > 56 UI/L, and CRP level > 2.00 mg/dL (univariate analysis) [32]. Multivariate analysis further confirmed that young age, abnormal blood glucose level, elevated AST and CRP level was significantly correlated with poor prognosis [32]. However, our study did not show any correlation between CRP level and neurodevelopmental outcome in convulsive type status epilepticus children and this might be caused by timing and location of blood sampling which did not represent the peak of inflammation and cerebral inflammation.

Conclusion

We concluded that MDA level was negatively correlated with neurodevelopmental outcome in children after the episode of convulsive type status epilepticus, but CRP was not.

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